

**Table 1.** Clinical descriptors for EDSS ranges 0–4.5, 5.0–6.5, and 7.0–9.0.

EDSS 0–4.5
<ul style="list-style-type: none"><li>• Symptoms: Ranging from no symptoms to mild-to-moderate fatigue, unsteadiness/imbalance, sensory changes, mild walking impairment, and reduced visual acuity; bowel and/or bladder symptoms; altered mood state; and cognitive impairment</li><li>• Neurologic impairments: Ranging from normal neurologic exam to mild-to-moderate impairments in proprioception, cerebellar function, vision, muscle strength/tone/endurance, bladder function, and cognition</li><li>• Functional limitations: Ranging from no limitations to limited endurance, unsteadiness, and impaired information processing and memory</li></ul>
EDSS 5.0–6.5
<ul style="list-style-type: none"><li>• Symptoms: Progression of any or all symptoms mentioned above</li><li>• Neurologic impairments: May include an increase in the impairments mentioned above, worsening gait (unilateral to bilateral spastic paresis, foot drop with compensatory hip hike, and circumduction with progression from unilateral to bilateral assistance and/or use of manual wheelchair), and upper extremity coordination</li><li>• Functional limitations: Limited walking distance (20–200 m); falls; inability to safely complete dual motor/cognitive tasks; work/home activities require adaptations, compensatory strategies, and mobility aids (ranging from cane to wheeled walker for daily use to a manual wheelchair for distances); transfers on/off the floor and into/out of chairs increasingly challenging; and requires assistance from support partner for more complex daily activities</li></ul>
EDSS 7.0–9.0
<ul style="list-style-type: none"><li>• Symptoms: Continued worsening of all symptoms mentioned above</li><li>• Neurologic impairments: Significant impairments in many or all systems, as mentioned above</li><li>• Functional limitations: <i>Gait</i>—from 10 ft with a walker to restricted to bed and wheelchair; <i>Transfers</i>—from minimal assist to total assist; <i>Bed mobility</i>—from minimal assist to total assist; <i>Seated balance</i>—from independent to total assist; <i>Standing balance</i>—from independent with bilateral support to unable to stand unaided</li></ul>
EDSS: Expanded Disability Status Scale.